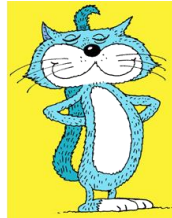


Teen Meditation

June, 2013

Have you ever been in a conversation where you couldn't get a word in? When the other person dominated the entire time? So much so, that you never felt part of it? We all know people who dominate a conversation, party or activity. They need to be the center of attention. It's "all about me" to them. It can be hard to be a friend to someone like that.



Choose your friends carefully

A relationship needs to have give and take, sharing, leading and following, but still working together toward a common goal. When one person dominates, there is no equality.

It's like that in a marriage too.

Think of the happiest married couple you know. There are probably times when you see one spouse or the other dominating the conversation or activity, but there are likely other times when leadership roles switch. They work together, talk, listen, share common interests, activities, values and purpose in life.



The love of husband and wife should reveal God's love for us

How is it when you pray to God?

How much of the time are you asking, telling, begging?

How much of the time are you listening to His words in your heart?

When you take time to pray before the Blessed Sacrament at Eucharistic Adoration, you can't help but be quiet and listen.

God has a way of making His words and plan for you known in your heart and mind when we make time to spend with Him.



He often speaks very softly, so listen quietly!